

THE ESSENTIAL TRADER JOE'S SHOPPING LIST *for Toddler Moms*

Bakery

- ☐ ABC BARS
- ☐ MINI CHOCOLATE MOUSSE
CAKES

Refrigerated

- ☐ CILANTRO & JALAPENO
HUMMUS
- ☐ UNEXPECTED CHEDDAR

Frozen

- ☐ FISH STICKS
- ☐ BAMBINO PEPPERONI PIZZA
- ☐ TURKEY CORNDOGS
- ☐ HATCH CHILE MAC & CHEESE
- ☐ MANDARIN ORANGE CHICKEN
- ☐ BIG SOFT PRETZELS
- ☐ HASHBROWNS
- ☐ GONE BANANAS
- ☐ SUBLIME ICE CREAM
SANDWICHES

Snacks

- ☐ BANANA CHIPS
- ☐ ALMOND, CHOCOLATE, AND
CASHEW TREK MIX
- ☐ CHEDDAR ROCKETS
- ☐ CINNAMON SCHOOLBOOK
COOKIES
- ☐ PINKS & WHITES COOKIES
- ☐ PEANUT BUTTER FILLED
PRETZELS
- ☐ CARAMEL CHEDDAR POPCORN
MIX
- ☐ CINNAMON APPLE SNACK
STICKS
- ☐ CHOCOLATE CHIP SANDWICH
COOKIES

Health & Beauty

- ☐ ROSE WATER FACIAL TONER
- ☐ ROSE OIL HAND LOTION

Wine

- ☐ ALL OF IT